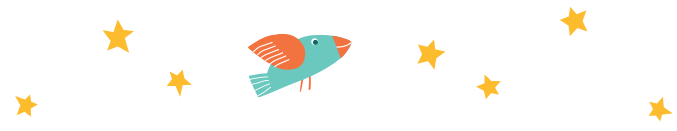


# How did you move today?



School may look a little different this year, but we can still celebrate getting outside and moving our bodies!

Whether you walk or roll around your neighborhood; play fetch with your dogs; or hopscotch down your sidewalk, let us know how you are staying active!



- 1 Use this calendar to track how many minutes you were active each day of the week.
- 2 Write the date of each day in the corner of that box, plus your name and the month on the left.
- 3 Share your calendar with us at the end of the month!



Month: \_\_\_\_\_

Student Name: \_\_\_\_\_

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>



Remember to **walk and roll safely** in our neighborhoods and help be a **germ-buster** by keeping at least six feet between you and other people you do not live with.

Looking for more fun ways to stay active? Check out the **SchoolPool Activity Book**.

