

# The Sammamish Plateau Parent Networking Group

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Being a parent is one of the most rewarding and yet challenging jobs we do, and no matter how prepared we think we are, there are always unexpected trials and unforeseen obstacles that can blindside us. Our kids are growing up in a world that is very different than the one in which we were raised, and it is full of temptations and pitfalls that can have some scary consequences.

As parents, we need to learn to network with each other as well as our kids do with their peers, enabling us to inform, educate and support each other, and help equip our teens and pre-teens to face the uncharted territory they will be navigating.

If you are interested in joining our Parent Networking Group, you can join us at our next meeting, facilitated by Personal Life Coach **Cherry O'Neill**, parent of 5 Sammamish-raised kids and co-founder of the Parent Networking Group.

We are in our 18th year and are willing to discuss anything that has you curious or uncertain about helping your child grow into a happy and healthy adult. "It takes a village to raise a child," so become part of this village of Eastside parents who are committed to the health and well-being of our kids!

## Meetings

Meetings are held at the **Sammamish EX3 Teen Center**. We have both daytime (11:30 a.m. 1:30 p.m.) and evening (7-9 p.m.) meetings on each of the dates listed below. These meetings are free and require no registration or membership.

- October 28, 2013
- November 25, 2013
- December 16, 2013
- January 27, 2014
- February 24, 2014
- March 31, 2014
- April 28, 2014
- May 19, 2014
- June 16, 2014

## Contact Information

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